

## **Putting on Suits**

- Lay suit on floor or table
- Tape crotch and zipper
- Tear 4 pieces of tape - 18 inches long and stick to edge of table
- Unzip and put on suit
- Tape ankles and soles
- Make belt with tape and put belt on
- Tear 3 pieces of tape - 12 inches long and stick to edge of table
- Tape chest
- Put safety glasses on
- Put hood on
- Tape hood to back if necessary
- Put rubber gloves on
- Put work gloves on
- Tape wrists

## **Taking off Suits**

- HEPA Vacuum suit
- Remove tape and dispose in waste bag
- Slip off hood
- Remove safety glasses (save)
- Slip suit off shoulders
- Roll suit inwards to your feet
- Slip suit off feet, bundle and dispose gently in waste bag
- Remove cotton work gloves (save)
- Remove rubber gloves and dispose in waste bag
- HEPA Vacuum self again